







BESTRONG

ABOUT US

BeStrong has more than 12 years of experience in engineering outdoor sport and fitness parks.

Our mission is to educate and promote healthy lifestyles by manufacturing the highest quality outdoor fitness equipment and programs. Then making it available to everyone.

Our equipment has been developed together with elite professional fitness coaches as well as International athletes and players.

The company has manufactured and installed over 1100 outdoor fitness park across 9 countries, and are currently expanding to other territories globally.

All of our fitness equipment has EN 16630:2015 TÜV certification.







BESTRONG
REFERENCE



years of experience

12 YEARS

fitness parks

1129

professionals

105

countries

9



BESTRONG

OUR MISSION

Our mission is to produce the highest quality outdoor fitness equipment and programs to encourage daily workout habits to support health and wellbeing.

All of our equipment has been developed together with elite professional fitness coaches as well as international athletes and players.

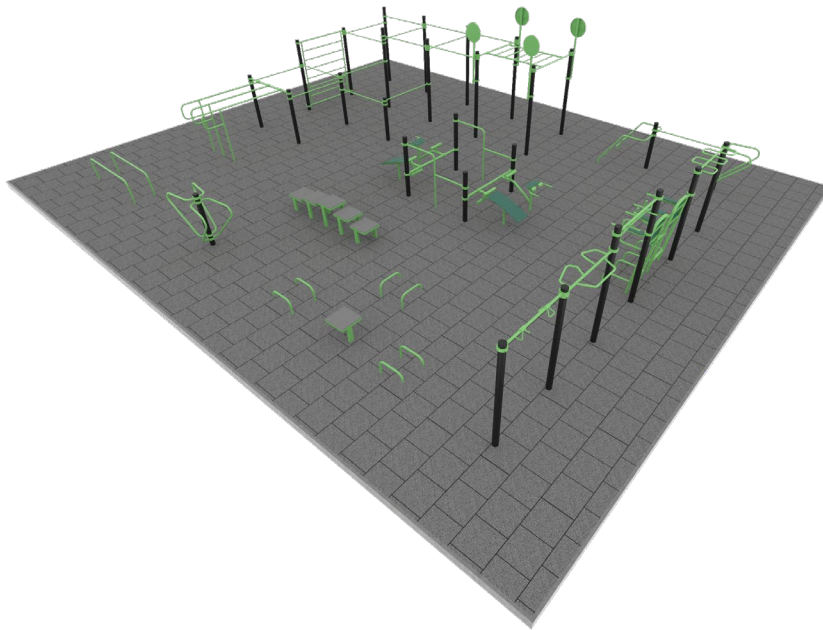
Increased availability of fitness parks in public spaces tend to develop a power of fitness community and provide an opportunity for safe and effective outdoor experiences.

Our ultimate objective is to create BeStrong special fitness parks, and to develop tailored parks for popular global sports including soccer, boxing, and multi-sport facilities.



BESTRONG

EXTRA LARGE 238 FITNESS PARK



Park size



17m x 14m

Total area



238m²

Equipments



17

Users



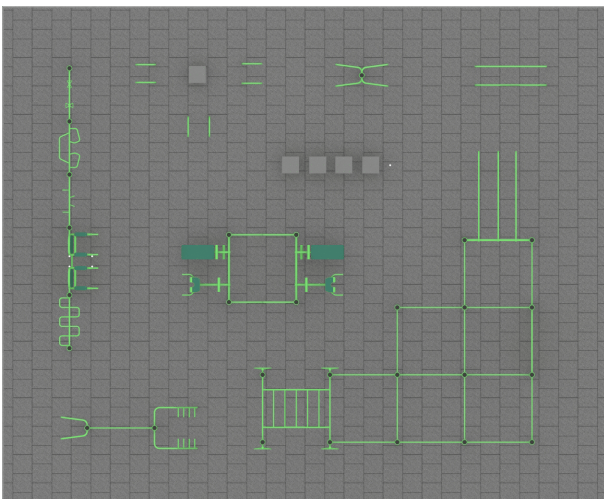
90 person

Fall height



HIC: 2,1m

ELEMENTS

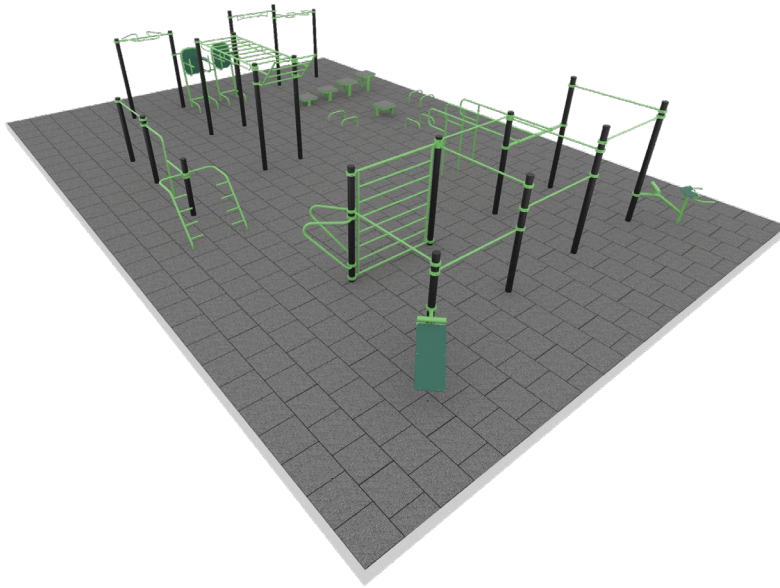


- ◆ WALL BARS
- ◆ PUSH UP ELEMENTS
- ◆ STRAIGHT PULL-UP BAR
- ◆ MULTIFUNCTIONAL PULL-UP BAR
- ◆ STEPPER
- ◆ DOUBLE MULTIFUNCTIONAL TRAINER
- ◆ THREE-ELEMENT PARALLEL BARS
- ◆ NARROW PULL-UP BAR
- ◆ Z-DIP BAR
- ◆ DIP BAR
- ◆ MEDICINE BALL TARGET
- ◆ LOW PARALLEL BAR
- ◆ LOW PULL-UP AND DIP BAR
- ◆ BACK AND AB TRAINER
- ◆ COMBINED PULL-UP BAR
- ◆ HORIZONTAL WAVE PULL UP BAR
- ◆ STREET WORKOUT LADDER

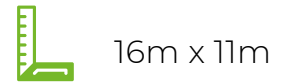


BESTRONG

EXTRA LARGE 176 A FITNESS PARK



Park size



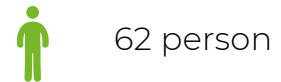
Total area



Equipments



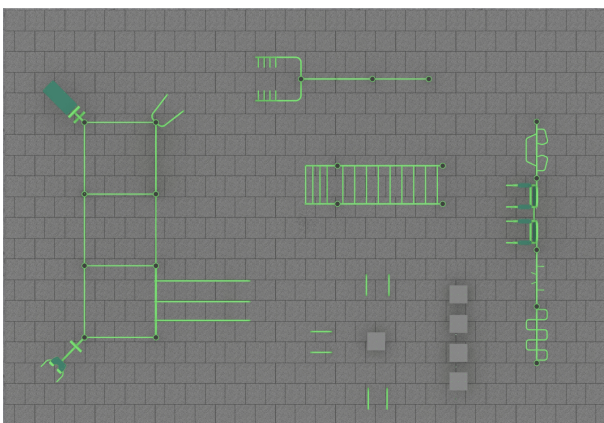
Users



Fall height



ELEMENTS

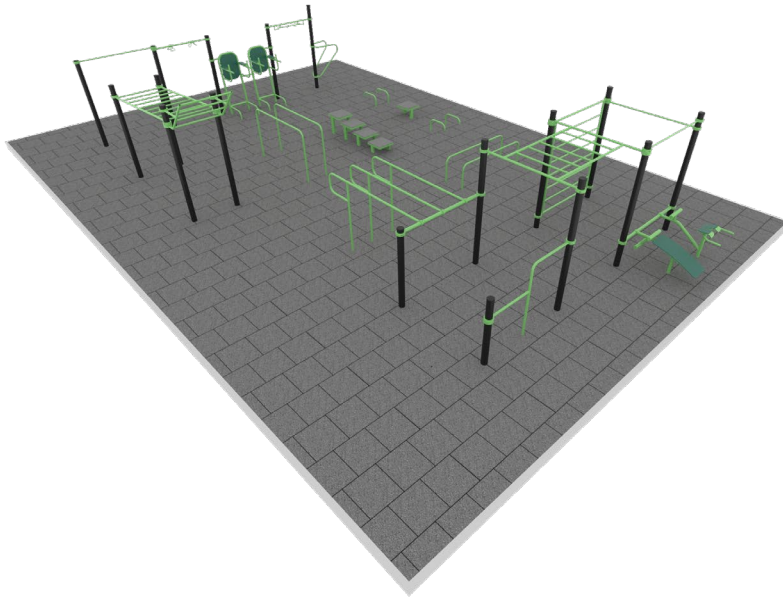


- ◆ WALL BARS
- ◆ PUSH UP ELEMENTS
- ◆ STRAIGHT PULL-UP BAR
- ◆ MULTIFUNCTIONAL PULL-UP BAR
- ◆ STEPPER
- ◆ DOUBLE MULTIFUNCTIONAL TRAINER
- ◆ THREE-ELEMENT PARALLEL BARS
- ◆ NARROW PULL-UP BAR
- ◆ DIP BAR
- ◆ STREET WORKOUT LADDER
- ◆ MONKEY RACK
- ◆ LOW PARALLEL BAR
- ◆ HORIZONTAL LADDER
- ◆ PRACTICING PARALLEL BARS
- ◆ LOW PULL UP AND DIP BAR

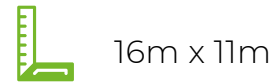


BESTRONG

EXTRA LARGE 176 B FITNESS PARK



Park size



Total area



Equipments



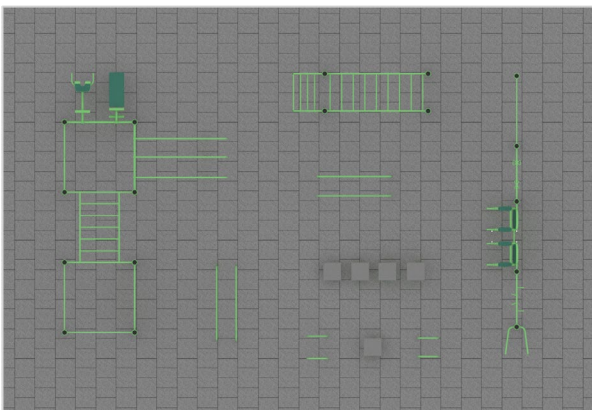
Users



Fall height



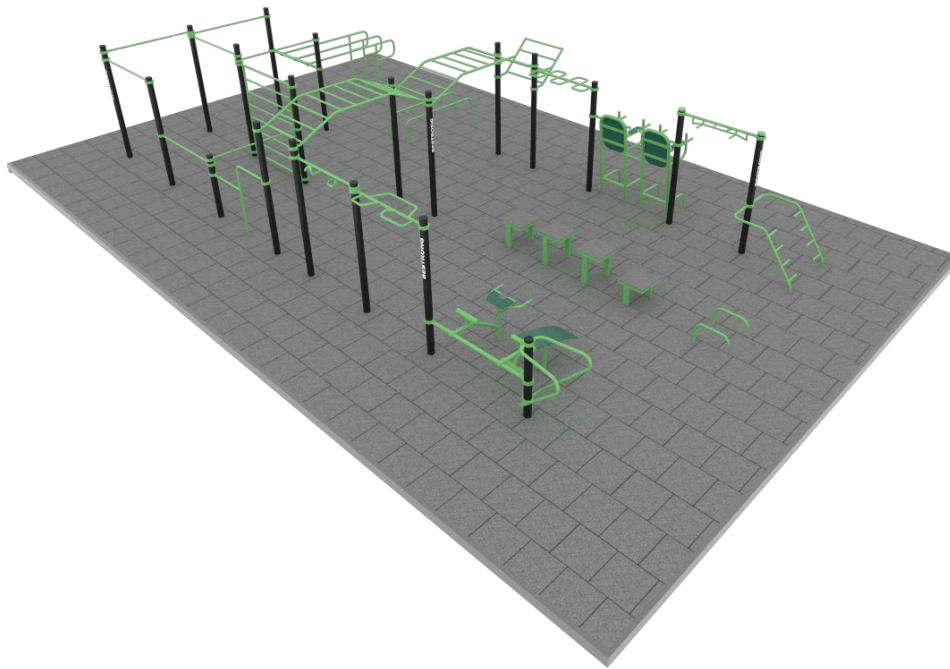
ELEMENTS



- ◆ WALL BARS
- ◆ PUSH UP ELEMENTS
- ◆ STRAIGHT PULL-UP BAR
- ◆ MULTIFUNCTIONAL PULL-UP BAR
- ◆ STEPPER
- ◆ DOUBLE MULTIFUNCTIONAL TRAINER
- ◆ THREE-ELEMENT PARALLEL BARS
- ◆ NARROW PULL-UP BAR
- ◆ DIP BAR
- ◆ STREET WORKOUT LADDER
- ◆ MONKEY RACK
- ◆ LOW PARALEL BAR
- ◆ HORIZONTAL LADDER
- ◆ PRACTICING PARALLEL BARS
- ◆ LOW PULL-UP AND DIP BAR



EXTRA LARGE 160 FITNESS PARK



Park size



10m x 16m

Total area



160m²

Equipments



18

Users



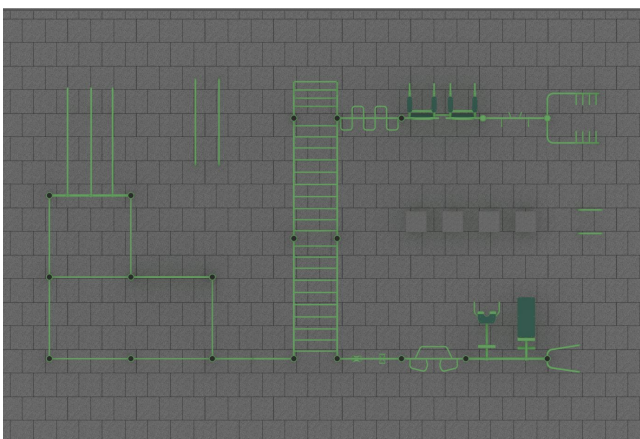
48 person

Fall height



HIC: 1,6m

ELEMENTS



- ◆ PUSH UP ELEMENT
- ◆ STEPPER
- ◆ PARALLEL BARS
- ◆ LOW PARALLEL BAR
- ◆ STRAIGHT PULL-UP BAR
- ◆ WALL BARS
- ◆ LOW PULL-UP AND DIP BAR
- ◆ HORIZONTAL WAVE PULL UP BAR
- ◆ COMBINED PULL-UP BAR
- ◆ MULTIFUNCTIONAL PULL-UP BAR
- ◆ AB TRAINER
- ◆ DOUBLE MULTIFUNCTIONAL TRAINER
- ◆ NARROW PULL-UP BAR
- ◆ MONKEY RACK
- ◆ BACK TRAINER
- ◆ DIP BAR
- ◆ Z-DIP BAR
- ◆ PUSH UP ELEMENTS

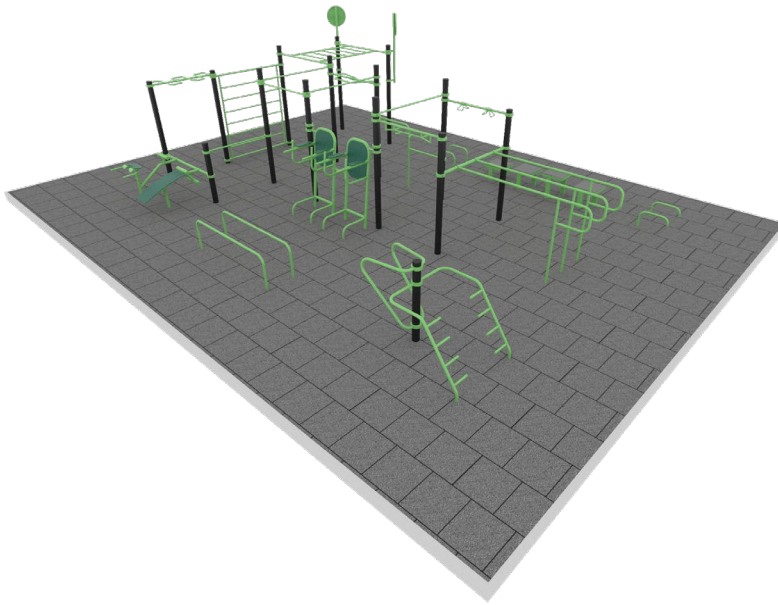


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LARGE 130 FITNESS PARK



Park size



13m x 10m

Total area



130m²

Equipments



16

Users



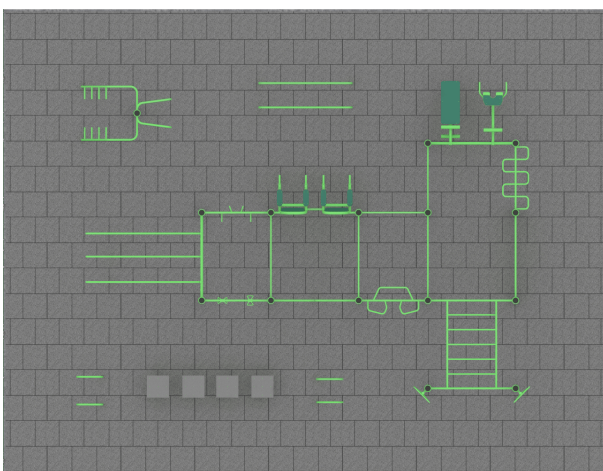
50 person

Fall height



HIC: 2,1m

ELEMENTS

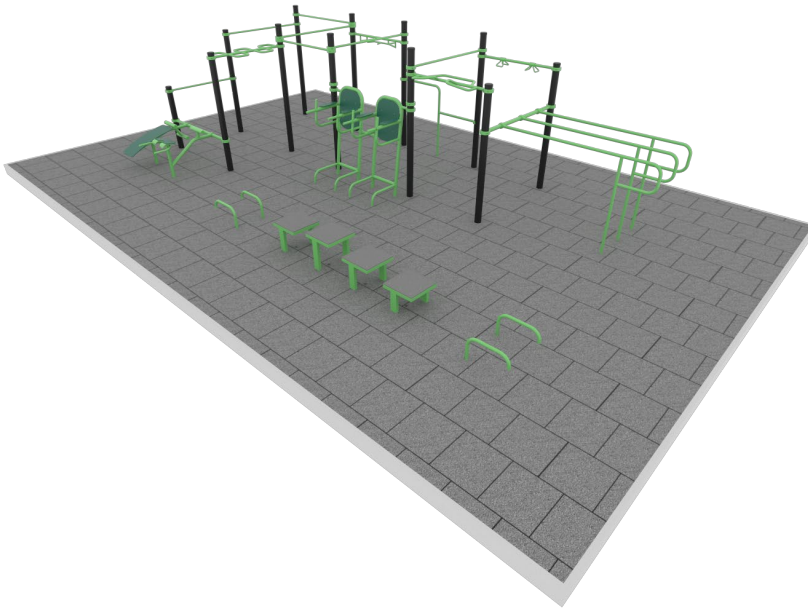


- ◆ COMBINED PULL-UP BAR
- ◆ WALL BARS
- ◆ PUSH UP ELEMENTS
- ◆ BACK AND AB TRAINER
- ◆ STRAIGHT PULL-UP BAR
- ◆ MULTIFUNCTIONAL PULL-UP BAR
- ◆ STEPPER
- ◆ DOUBLE MULTIFUNCTIONAL TRAINER
- ◆ THREE-ELEMENT PARALLEL BARS
- ◆ NARROW PULL-UP BAR
- ◆ MEDICINE BALL TARGET
- ◆ DIP BAR
- ◆ Z-DIP BAR
- ◆ LOW PARALLEL BAR
- ◆ STREET WORKOUT LADDER
- ◆ HORIZONTAL WAVE PULL UP BAR



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LARGE 100 FITNESS PARK



Park size



12,5m x 8m

Total area



100m²

Equipments



11

Users



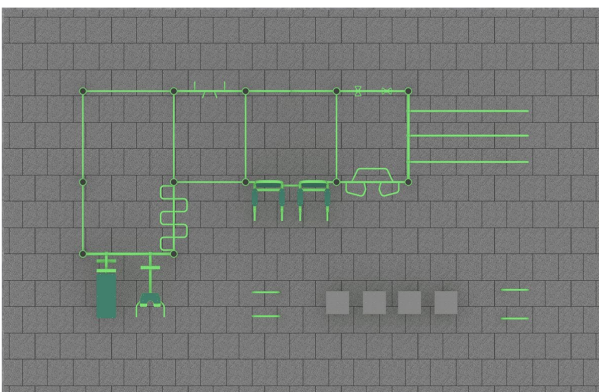
44 person

Fall height



HIC: 1,6m

ELEMENTS

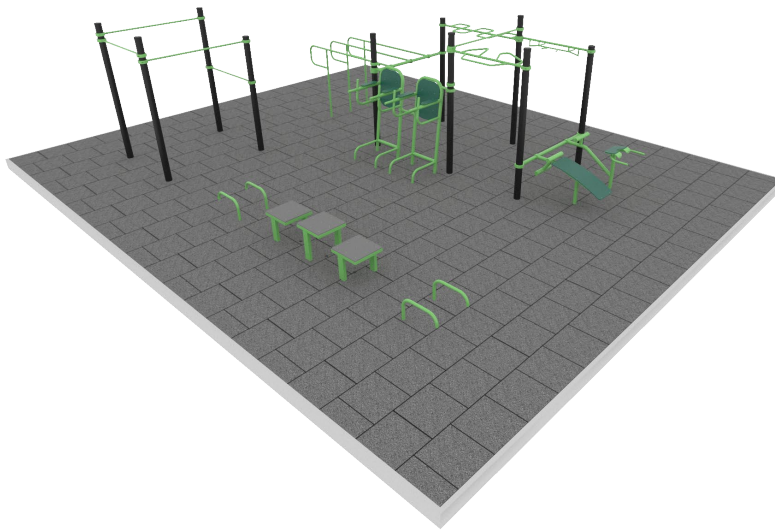


- ◆ **COMBINED PULL-UP BAR**
- ◆ **PUSH UP ELEMENT**
- ◆ **BACK AND AB TRAINER**
- ◆ **STRAIGHT PULL-UP BAR**
- ◆ **MULTIFUNCTIONAL PULL-UP BAR**
- ◆ **STEPPER**
- ◆ **DOUBLE MULTIFUNCTIONAL TRAINER**
- ◆ **THREE-ELEMENT PARALLEL BARS**
- ◆ **HORIZONTAL WAVE PULL UP BAR**
- ◆ **NARROW PULL-UP BAR**
- ◆ **LOW PULL-UP AND DIP BAR**



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LARGE 99 FITNESS PARK



Park size



11m x 9m

Total area



99m²

Equipments



9

Users



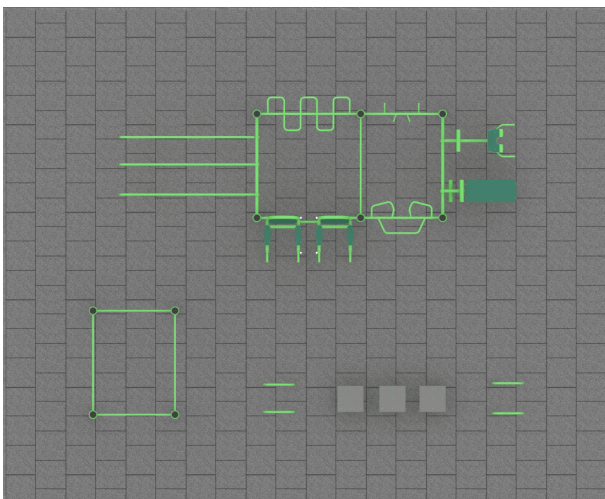
32 person

Fall height



HIC: 1,6m

ELEMENTS

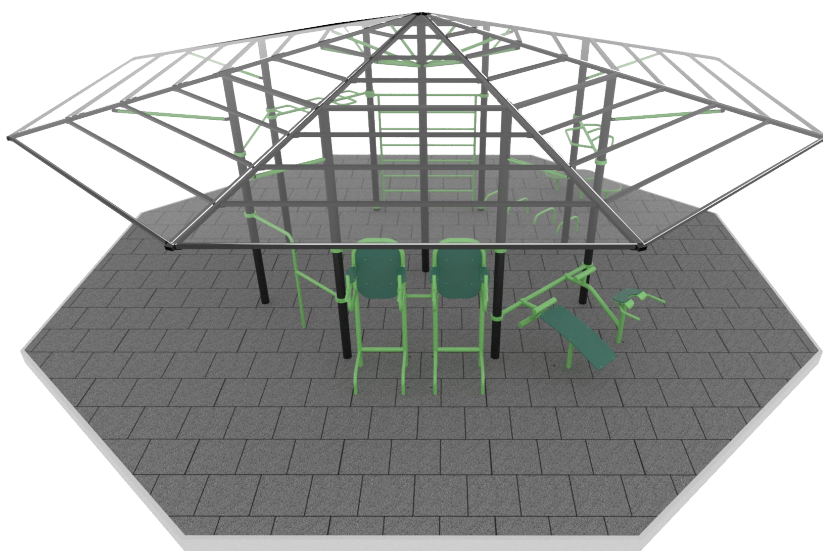


- ◆ **HORIZONTAL WAVE PULL UP BAR**
- ◆ **PUSH UP ELEMENT**
- ◆ **BACK AND AB TRAINER**
- ◆ **MULTIFUNCTIONAL PULL-UP BAR**
- ◆ **COMBINED PULL-UP BAR**
- ◆ **STEPPER**
- ◆ **STRAIGHT PULL-UP BAR**
- ◆ **THREE-ELEMENT PARALLEL BARS**
- ◆ **DOUBLE MULTIFUNCTIONAL TRAINER**




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LARGE 90 FITNESS PARK



Park size

 10,38m x 10,38m


Total area

 90m²

Equipments

 9

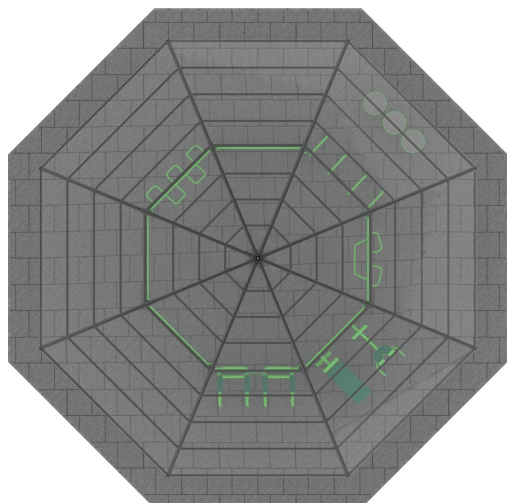
Users

 26 person

Fall height

 HIC: 2,1m

ELEMENTS



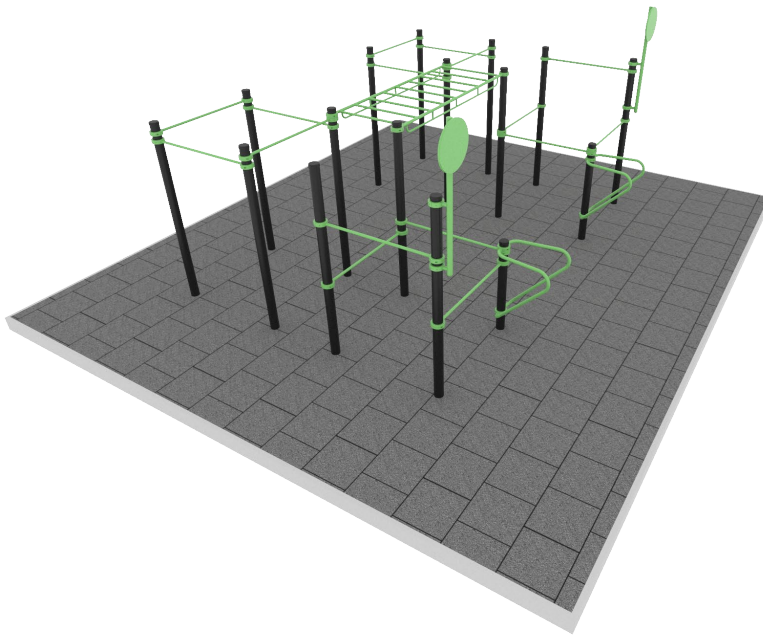
- ◆ HORIZONTAL WAVE PULL UP BAR
- ◆ PUSH UP ELEMENT
- ◆ BACK AND AB TRAINER
- ◆ MULTIFUNCTIONAL PULL-UP BAR
- ◆ COMBINED PULL-UP BAR
- ◆ STEPPER
- ◆ STRAIGHT PULL-UP BAR
- ◆ DOUBLE MULTIFUNCTIONAL TRAINER
- ◆ WALL BARS





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MEDIUM 72 FITNESS PARK



Park size



8m x 9m

Total area



72m²

Equipments



4

Users



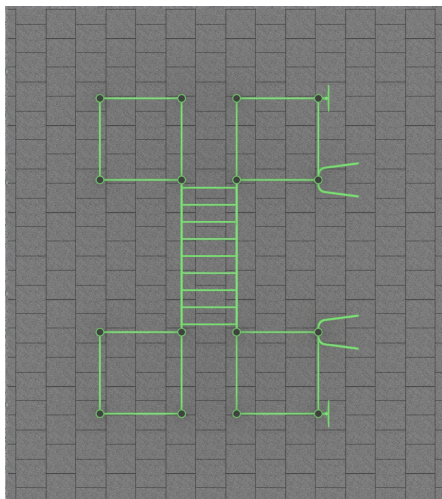
26 person

Fall height



HIC: 1,5m

ELEMENTS

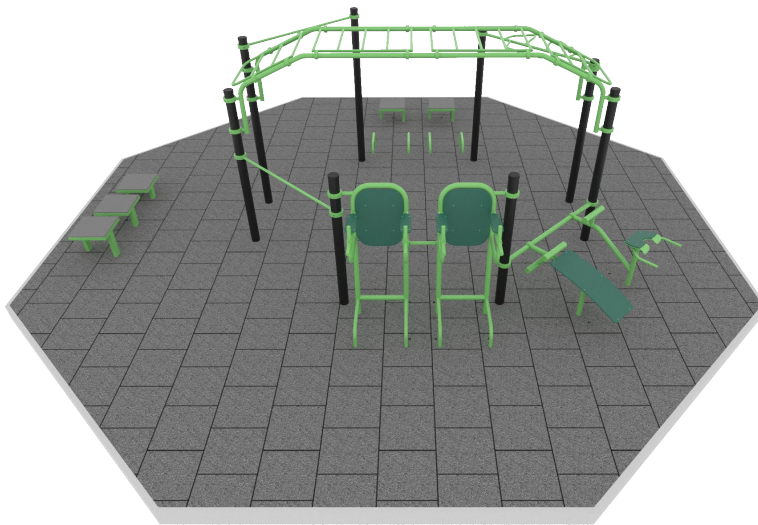


- ◆ **DIP BAR**
- ◆ **MEDICINE BALL TARGET**
- ◆ **HORIZONTAL LADDER**
- ◆ **STRAIGHT PULL-UP BAR**



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MEDIUM 70 FITNESS PARK



Park size



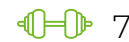
9,17m x 9,17m

Total area



70m²

Equipments



7

Users



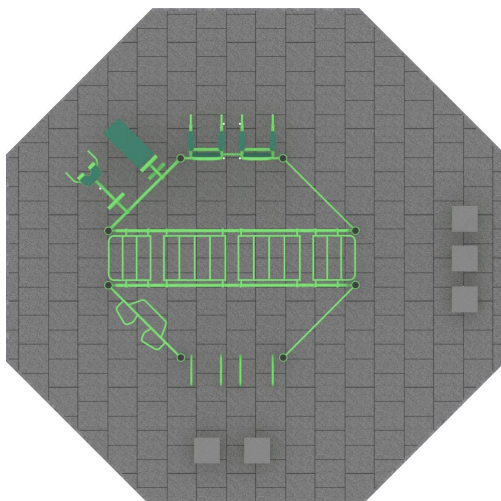
26 person

Fall height



HIC: 1,6m

ELEMENTS

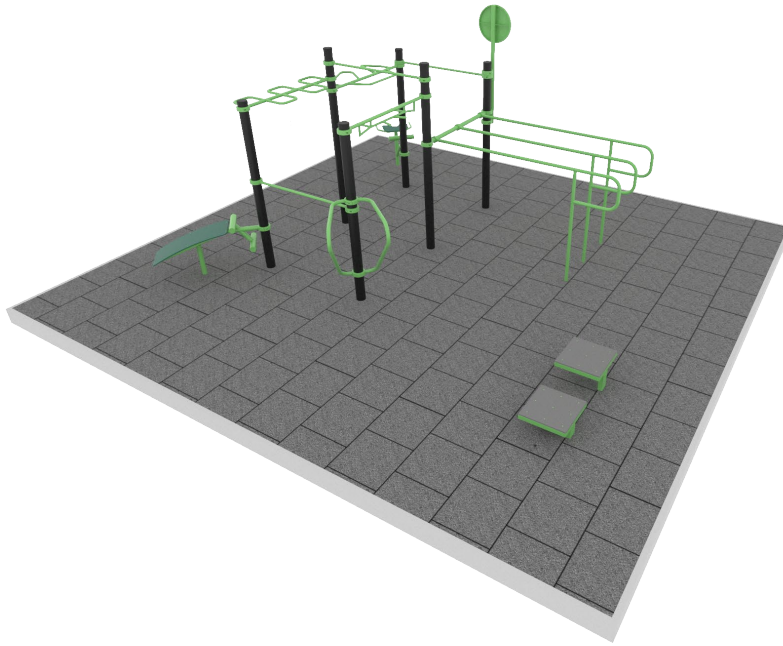


- ◆ **DOUBLE MULTIFUNCTIONAL TRAINER**
- ◆ **COMBINED PULL-UP BAR**
- ◆ **PUSH UP ELEMENT**
- ◆ **STEPPER**
- ◆ **BACK AND AB TRAINER**
- ◆ **MAXIMUM LADDER**
- ◆ **STRAIGHT PULL-UP BAR**

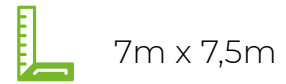


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MEDIUM 52 FITNESS PARK



Park size



Total area



Equipments



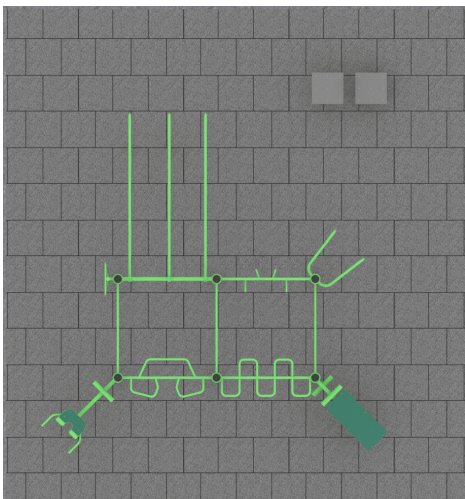
Users



Fall height



ELEMENTS

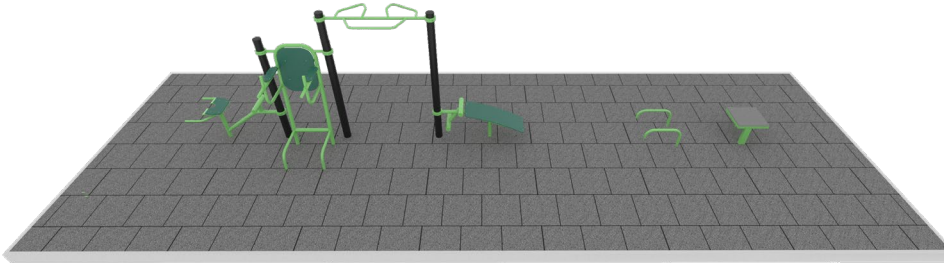


- ◆ COMBINED PULL-UP BAR
- ◆ STRAIGHT PULL-UP BAR
- ◆ AB TRAINER
- ◆ BACK TRAINER
- ◆ MEDICINE BALL TARGET
- ◆ MULTIFUNCTIONAL PULL-UP BAR
- ◆ STEPPER
- ◆ THREE-ELEMENT PARALLEL BARS
- ◆ DIP BAR
- ◆ HORIZONTAL WAVE PULL UP BAR



BESTRONG

MEDIUM 50 FITNESS PARK



Park size



12m x 4,1m

Total area



50m²

Equipments



5

Users



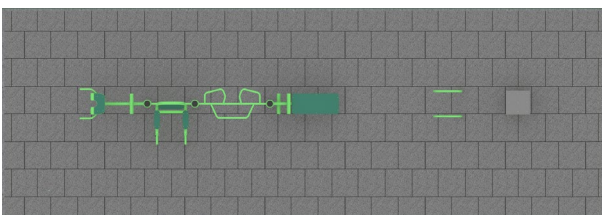
10 person

Fall height



HIC: 1,5m

ELEMENTS

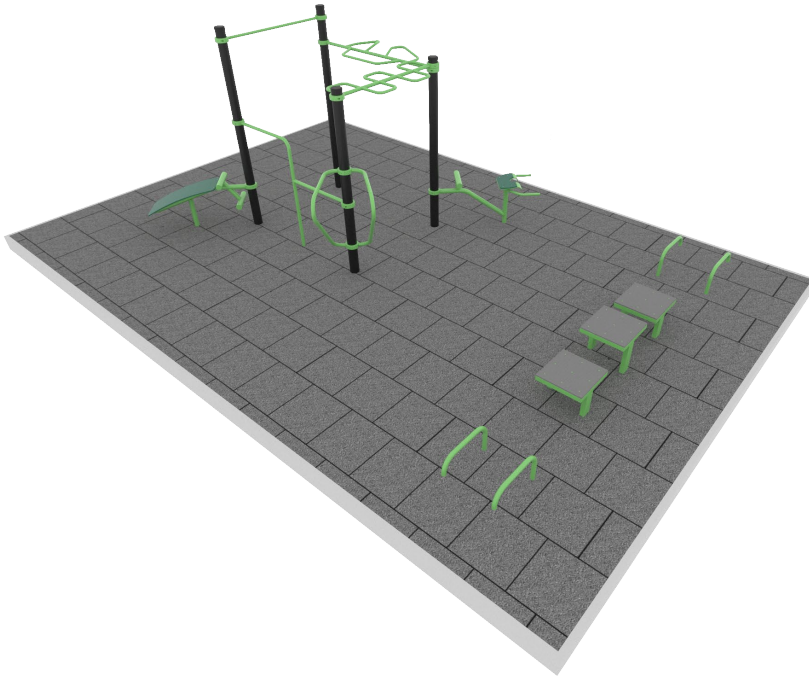


- ◆ **MULTIFUNCTIONAL TRAINER**
- ◆ **PUSH UP ELEMENT**
- ◆ **AB TRAINER**
- ◆ **COMBINED PULL-UP BAR**
- ◆ **BACK TRAINER**



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MEDIUM 49 FITNESS PARK



Park size



8,5m x 5,75m

Total area



49m²

Equipments



9

Users



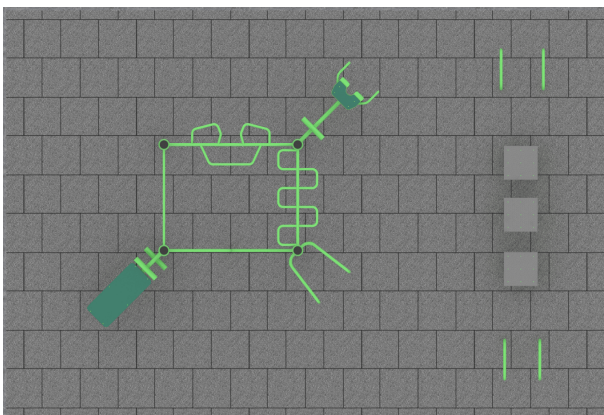
20 person

Fall height



HIC: 1,5m

ELEMENTS

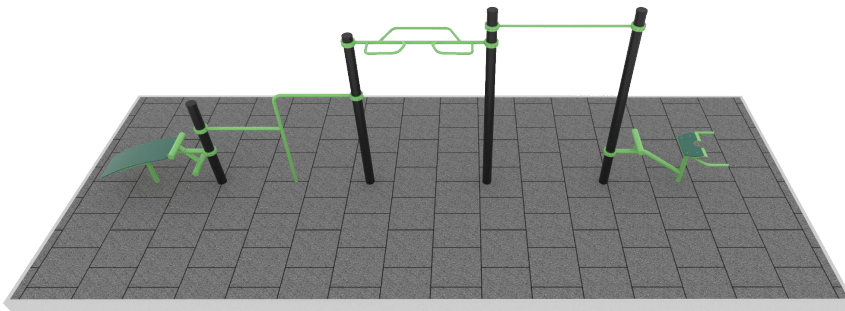


- ◆ STRAIGHT PULL-UP BAR
- ◆ LOW PULL-UP AND DIP BAR
- ◆ BACK TRAINER
- ◆ AB TRAINER
- ◆ COMBINED PULL-UP BAR
- ◆ PUSH UP ELEMENT
- ◆ DIP BAR
- ◆ HORIZONTAL WAVE PULL UP BAR
- ◆ STEPPER



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MEDIUM 42 FITNESS PARK



Park size



11m x 3,75m

Total area



42m²

Equipments



5

Users



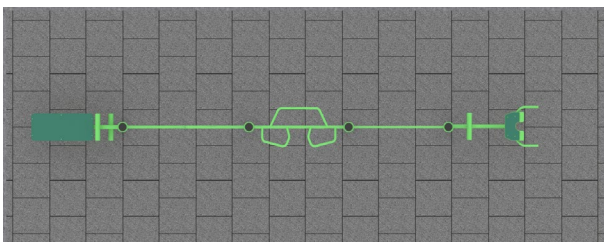
10 person

Fall height



HIC: 1,5m

ELEMENTS

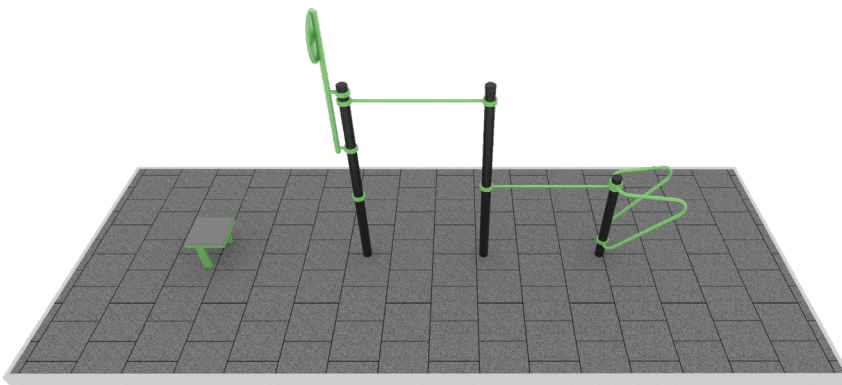


- ◆ **STRAIGHT PULL-UP BAR**
- ◆ **LOW PULL-UP AND DIP BAR**
- ◆ **BACK TRAINER**
- ◆ **COMBINED PULL-UP BAR**
- ◆ **AB TRAINER**



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SMALL 32 FITNESS PARK



Park size



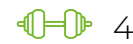
9m x 3,5m

Total area



32m²

Equipments



4

Users



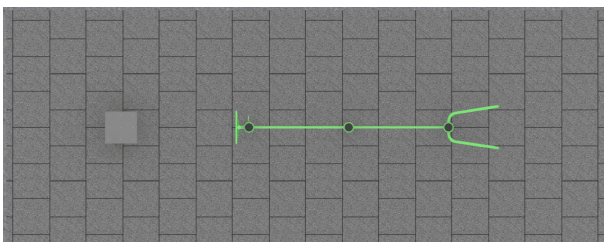
10 person

Fall height



HIC: 1,5m

ELEMENTS



- ◆ STRAIGHT PULL-UP BAR
- ◆ MEDICINE BALL TARGET
- ◆ DIP BAR
- ◆ STEPPER





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HOME 2 FITNESS PARK

Equipments



Users



ELEMENTS



- ◆ STRAIGHT PULL-UP BAR
- ◆ LOW PULL-UP BAR
- ◆ DIP BAR
- ◆ STEPPER



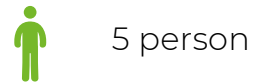
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HOME 4 FITNESS PARK

Equipments



Users



ELEMENTS



- ◆ STRAIGHT PULL-UP BAR
- ◆ MEDICINE BALL TARGET
- ◆ COMBINED PULL-UP BAR
- ◆ STEPPER
- ◆ DIP BAR





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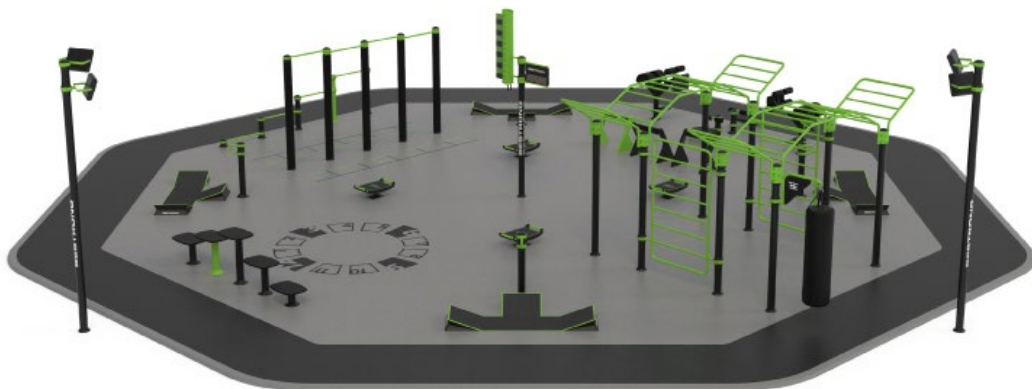
BESTRONG SOCCER FITNESS PARK

The BeStrong Soccer Training Park has been designed with full understanding of the physical demand of youth and professional players and the risk factors related to injury.

The Park provides users of any age or ability the potential to develop their general fitness, their soccer specific strength and their physical resilience which reduces the risk of injury.

We can manufacture custom designs in any shape, size or configuration, club colors and club logos can be added.

The BeStrong Soccer Fitness Park has been manufactured from high quality materials and it is resilient to all the weather conditions.



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DESIGNS









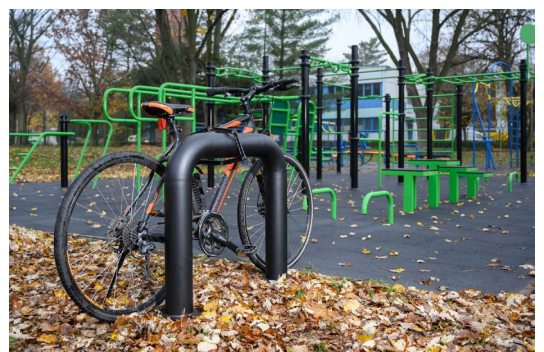
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ADD-ONS

We offer adds-on for the Park as an additional option, manufactured with the same highest quality columns, rings and design.

Our aim is to provide the best quality and added value products. Therefore, in the near future we will enlarge our portfolio with more street furniture and sport/fitness equipment to be able to serve the needs of the outdoor market.

Our street furniture includes: Trash bin, Bike racks, Benches.





**BESTRONG**

OUTLOOK

Our goal is to develop a number of sport specific Fitness parks to compliment the requirements and demands of these individual sports.

To provide training options specific to these sports for all users, delivering health and fitness benefits alongside the development of sports specific physical attributes.

Parallel to these developments will be the continued evolution of the Training Applications to reflect current knowledge and understanding related to the sport in question in terms of conditioning, injury prevention and rehabilitation.

Develop BeStrong into the global leader in outdoor fitness creating and delivering the complete package from equipment to education and technology.

BESTRONG

CONTACT US



**HUNGARY - 4002 Debrecen - Pallag
Ipari Park 044/1 hrsz**



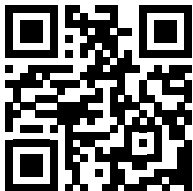
0036704307143



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